

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Feb Birthdays</p> <p>Claire S. - 15th Dale W. - 20th Jerry M. - 23rd Roberta C. - 26th</p>	<p>Please note: Activities Are Subject To Change Without Notice.</p> <p>Every Thursday Caleb the Comfort Dog does room visits.</p>	<p>Every day at 4 pm, we offer Boredom Busters. These are printouts of crosswords, sudoku, and more for our residents to enjoy.</p>				<p>10:30 Live Led Exercises 1 11:00 Game: Shadow Dice 1:00 Past Groundhog Predictions 1:30 Bible Study 2:30 Card Games (RL) 3:00 Afternoon Stroll 'n Roll</p>
<p>10:00 St. Paul's Catholic Service 2 11:00 Stronger Seniors: Stretching 1:00 Fireside Reflections 2:00 Emmanuel Baptist Church Service 3:00 Puzzle Hour (RL) 6:00 Sunday Movie</p>	<p>10:00 Get Fit, Stay Happy! 3 10:30 Words to Live By 11:00 Craft: EZ Cheery-O Birdfeeders 1:30 Monday Manicures 3:00 Around the World with Norman Rockwell 6:00 Color Me Calm</p>	<p>10:00 Exercise with EmpowerMe 4 10:30 Devotional Reading 11:00 Valentine Card Making with Emma 1:30 Nickel BINGO 3:00 Walking Club (RL) 6:00 Current Events Chat (RL)</p>	<p>10:00 ROM Exercise 5 10:30 Gratitude Journal 11:30 Outing: Culver's 1:00 Outing: Walmart 3:00 Reader's Digest Riddles 4:00 Boredom Busters 6:00 Let's Talk Sports (RL) 7:00 Wild Wednesdays</p>	<p>10:00 Chair Yoga 6 10:30 Morning Meditation 11:00 iPad Games/Word Cookies 1:30 Simple Snacks 3:00 Thirsty Thursday Social 6:00 Let's Play: Scrabble</p>	<p>10:00 Full Body Exercise 7 10:30 Positive Thoughts 11:00 Grab the Gumdrops 1:30 Prize BINGO 3:00 Funny Fridays 4:00 Boredom Busters 6:00 Crossword 7:00 Resident's Choice Movie</p>	<p>10:30 Live Led Exercises 8 11:00 Game: Resident's Choice 1:00 Card Game: Trash 2:30 Resident Led Card Games 3:00 Afternoon Stroll 'n Roll 6:00 Saturday Night Films</p>
<p>10:00 St. Paul's Catholic Service 9 11:00 Sit & Be Fit Video Exercise 1:00 Fireside Reflections 1:30 Movie: 80 for Brady 3:00 Board Games (RL) 4:00 Boredom Busters 6:00 Super Bowl LIX</p>	<p>10:00 Get Fit, Stay Happy! 10 10:30 Words to Live By 11:00 Craft: Heart Door Decor 1:30 Monday Manicures 3:00 Balloon Games 6:00 Uno/Card Games (RL) 7:00 Musical Mondays</p>	<p>10:00 Exercise with EmpowerMe 11 10:25 Devotional Reading 10:30 Nickel BINGO 2:00 Live Music with JT! 3:00 How It's Made: Chocolate 7:00 Travel Tuesdays</p>	<p>10:00 ROM Exercise 12 10:30 Hymn Singing with Emmanuel Baptist 11:30 Outing: Martini's 2:00 Name that Heartbreak Tune 3:00 Game: Cupid's Heartbreak 7:00 Wild Wednesdays</p>	<p>10:00 Chair Yoga 13 10:30 Morning Meditation 11:00 Game: Which Doesn't Belong? 1:30 Cooking with Kat 3:00 Valentine's Day Social 6:00 Let's Play: Go Fish!</p>	<p>10:00 Full Body Exercise 14 10:30 Positive Thoughts 11:00 Candy Lover's Dice Game 1:30 Valentine's Picture BINGO 3:00 Romances to Remember</p>	<p>10:30 Live Led Exercises 15 11:00 Game: Family Feud 1:00 Video: National Hippo Day 1:30 Bible Study 2:30 Card Games (RL) 3:00 Afternoon Stroll 'n Roll</p>
<p>10:00 St. Paul's Catholic Service 16 11:00 Stronger Seniors: Stretching 1:00 Fireside Reflections 1:30 NASCAR: Daytona 500 3:00 Puzzle Hour (RL) 4:00 Boredom Busters 6:00 Sunday Movie</p>	<p>10:00 Get Fit, Stay Happy! 17 10:30 Words to Live By 11:00 President's Day Trivia 1:30 Monday Manicures 3:00 Game: Guess a Letter 6:00 Color Me Calm 7:00 Musical Mondays</p>	<p>10:00 Exercise with EmpowerMe 18 10:30 Devotional Reading 11:00 Craft: Handwarmer's 1:30 Nickel BINGO 2:30 Drinks with Debby 3:00 Walking Club (RL) 6:00 Current Events Chat</p>	<p>10:00 ROM Exercise 19 10:30 Gratitude Journal 11:30 Outing: Tao Chen's Chinese & Yesterday's Treasures 3:00 Game: Wheel of Fortune 6:00 Let's Talk Sports (RL)</p>	<p>10:00 Chair Yoga 20 10:30 Morning Meditation 11:00 Cranium Crunches 1:30 Simple Snacks 3:00 New Resident Social 6:00 Let's Play: Shut the Box</p>	<p>10:00 Full Body Exercise 21 10:30 Positive Thoughts 11:00 Game: Would You Rather? 1:30 The Singalong Group 2:00 Snack Prize BINGO 3:00 Funny Fridays 6:00 Crossword</p>	<p>10:30 Live Led Exercises 22 11:00 Games with Heather 1:00 Labyrinth Game 2:30 Resident Led Card Games 3:00 Afternoon Stroll 'n Roll 6:00 Saturday Night Films</p>
<p>10:00 St. Paul's Catholic Service 23 11:00 Sit & Be Fit Video Exercise 1:00 Fireside Reflections 1:30 Movie: Flags of our Fathers 3:00 Board Games (RL) 6:00 Sunday Movie</p>	<p>10:00 Get Fit, Stay Happy! 24 10:30 Words to Live By 11:00 Game: Blackjack/Poker 1:30 Monday Manicures 3:00 Great Art: Winslow Homer 6:00 Uno/Card Games (RL)</p>	<p>10:00 Exercise with EmpowerMe 25 10:30 Devotional Reading 11:00 Game: Memory Match 1:30 Nickel BINGO 2:30 Chef Demo 3:00 Star of the Month: Mia Farrow</p>	<p>10:00 Catholic Mass & Communion 26 10:30 Hymn Singing with Emmanuel Baptist 11:00 Game: Who Sang It? 2:00 Feb Birthday Party 3:00 Indoor Horseshoes 6:00 Let's Talk Sports (RL) 7:00 Wild Wednesdays</p>	<p>10:00 Chair Yoga 27 10:30 Morning Meditation 11:00 Finish the Phrase 1:30 Cooking with Kat 3:00 Thirsty Thursday Social 6:00 Let's Play: Apples to Apples</p>	<p>10:00 Full Body Exercise 28 11:00 Game: Resident's Choice 1:30 Prize BINGO 2:30 Resident Council Meeting 3:00 Let's Learn: Flower Language</p>	<p>For more calendar information with descriptions and locations, contact Activities or sign up for Lifeloop today!</p>