## **July 2025**

## LOCATIONS

Loft = L Cafe = C

Front Lobby = FL Resident Led = RL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July Birthdays Dorothy S 8th Laura M 10th Marj N 10th John S 17th Theresa D 19th Elaine N31st	Every Thursday Caleb the Comfort Dog does room visits.	10:00 Exercise with EmpowerMe110:30 Devotional Reading 10:45 Celebrate International Joke Day11:30 Nickel BINGO 2:30 Travelogue: North Island, New Zealand 4:00 Boredom Busters 6:00 Faith Based TV Show 7:00 Current Events Chat (RL)1	10:00 ROM Exercise210:30 First Outing: Walmart1:00 Second Outing: Walmart4:00 Boredom Busters6:00 Wild Wednesdays7:00 Let's Talk Sports (RL)	10:00 Chair Yoga310:30 Morning Meditation10:45 Painting Fireworks1:30 Simple Snacks3:00 4th of July Social4:00 Boredom Busters6:00 Faith Based TV Show7:00 Let's Play: Shut the Box	<ul> <li>11:00 Red, White, and Blue Trivia</li> <li>1:30 Prize BINGO</li> <li>3:00 Fudgesicles on the Front Porch</li> <li>4:00 Boredom Busters</li> <li>7:00 Macy's 4th of July Fireworks</li> </ul>	10:30 Live Led Exercises511:00 July Jeopardy Trivia1:00 Game: Resident's Choice2:30 Resident Led Card Games3:00 Afternoon Stroll 'n Roll4:00 Boredom Busters6:00 Saturday Night Films
Service <b>11:00</b> Stronger Seniors: Stretching <b>1:00</b> Fireside Reflections <b>2:00</b> Emmanuel Baptist Church Service	10:00 Get Fit, Stay Happy!710:30 Words to Live By10:45 Dice Games1:30 Monday Manicures3:00 What's Your Verdict?4:00 Boredom Busters6:00 Musical Mondays7:00 Color Me Calm	10:00 Exercise with EmpowerMe810:30 Devotional Reading 10:45 Craft with Emma from VNA1:30 Prize BINGO3:00 Walking Club (RL)4:00 Boredom Busters6:00 Faith Based TV Show7:00 Current Events Chat (RL)	10:00 ROM Exercise910:30 Hymn Singing with Emmanuel Baptist911:00 Remembering the Moon Landing91:00 Outing: Albanese93:00 Adventure Board Game94:00 Boredom Busters96:00 Wild Wednesdays7:00 Let's Talk Sports (RL)	10:00 Chair Yoga1010:30 Morning Meditation10:45 Back and Forth Art1:30 Cooking Group3:00 Thirsty Thursday Social4:00 Boredom Busters6:00 Faith Based TV Show7:00 Let's Play: Gin Rummy	10:00 Full Body Exercise1110:30 Positive Thoughts1:00 Ice Cream Sundae Social1:00 Outing: Lutheran SummerMusic Recital at ValparaisoMusic Recital at ValparaisoUniversity4:00 Boredom Busters6:00 Resident's Choice Movie7:00 Crossword	10:30 Live Led Exercises1211:00 Fairhaven Baptist Church Bible Study12:3012:30 Ukulele with Heather1:00 Game: Tenzi Dice2:30 Resident Led Card Games3:00 Afternoon Stroll 'n Roll4:00 Boredom Busters6:00 Saturday Night Films
Service <b>11:00</b> Sit & Be Fit Video Exercise <b>1:00</b> Fireside Reflections <b>1:30</b> Movie: National Treasure	10:00 Get Fit, Stay Happy!1410:30 Words to Live By10:45 Craft: Pit Stop Door Decor1:30 Monday Manicures3:00 Horse Race Board Game4:00 Boredom Busters6:00 Musical Mondays	10:00 Exercise with EmpowerMe1510:30 Devotional Reading 10:30 Nickel BINGO 2:00 Live Music with JT! 3:00 Walking Club (RL) 4:00 Boredom Busters 6:00 Faith Based TV Show 7:00 Current Events Chat (RL)	10:00 ROM Exercise1610:30 Daily Devotional11:00 Outing: Pesto's2:00 July Modern Jeopardy Trivia3:00 Enjoy Iced Tea Outside!4:00 Boredom Busters6:00 Wild Wednesdays7:00 Let's Talk Sports (RL)	10:00 Chair Yoga1710:30 Morning Meditation11:00 Cranium Crunches1:30 Simple Snacks3:00 New Resident Social4:00 Boredom Busters6:00 Faith Based TV Show7:00 Let's Play: Rummikub	10:00 Full Body Exercise1810:30 Positive Thoughts11:00 Baby Pool Wading1:30 The Singalong Group2:00 Prize BINGO3:00 Resident Council Meeting4:00 Boredom Busters6:00 Resident's Choice Movie7:00 Crossword	10:30 Live Led Exercises1911:00 July Random Trivia1:00 Game: Resident's Choice2:30 Resident Led Card Games3:00 Afternoon Stroll 'n Roll4:00 Boredom Busters6:00 Saturday Night Films
Service <b>11:00</b> Stronger Seniors: Stretching <b>1:00</b> Fireside Reflections <b>1:30</b> The Pursuit of Happyness	10:00 Get Fit, Stay Happy!2110:30 Words to Live By10:45 Watercoloring1:30 Monday Manicures3:00 Game: Trivial Pursuit4:00 Boredom Busters6:00 Musical Mondays7:00 Color Me Calm	8:30 Outing: Chick-Fil-A Bingo 10:00 Exercise with EmpowerMe 10:30 Devotional Reading 11:00 Dog Days Guessing Game 1:30 Nickel BINGO 2:30 Drinks with Debby 4:00 Boredom Busters 6:00 Faith Based TV Show 7:00 Current Events Chat (RL)	10:00 ROM Exercise2310:30 Hymn Singing with Emmanuel Baptist11:00 Outing: Picnic at Dunes Pavilion1:30 Game: Finish the Song Lyric2:30 New Zealand Trivia4:00 Boredom Busters6:00 Wild Wednesdays 7:00 Let's Talk Sports (RL)	10:00 Chair Yoga2410:30 Morning Meditation10:45 Game: Monopoly Junior1:30 Cooking Group3:00 Thirsty Thursday Social4:00 Boredom Busters6:00 Faith Based TV Show7:00 Let's Play: Uno	10:00 Full Body Exercise2510:30 Positive Thoughts10:45 Making Encouraging Cards for Kids1:30 Prize BINGO2:30 Funny Animal Videos4:00 Boredom Busters6:00 Resident's Choice Movie7:00 Crossword	10:30 Live Led Exercises2611:00 Fairhaven Baptist Church Bible Study12:30 Ukulele with Heather 1:00 Cards: Resident Choice 2:30 Resident Led Card Games 3:00 Afternoon Stroll 'n Roll 4:00 Boredom Busters 6:00 Saturday Night Films
Service <b>11:00</b> Sit & Be Fit Video Exercise <b>1:00</b> Fireside Reflections <b>1:30</b> Movie: Eat, Pray, Love <b>3:00</b> Board Games (RL)	10:00 Get Fit, Stay Happy!2810:30 Words to Live By10:45 Iced Coffee Bar1:30 Monday Manicures3:00 Game: Who, What, Where4:00 Boredom Busters6:00 Musical Mondays	10:00 Exercise with EmpowerMe2910:30 Devotional Reading 10:45 A Left-Right Game Christmas in July1:30 Nickel BINGO 2:30 Video: Dirty Jobs 4:00 Boredom Busters 6:00 Faith Based TV Show 7:00 Current Events Chat (RL)	10:00 ROM Exercise3010:00 St. Paul's CatholicMass & Communion10:30 Daily Devotional10:45 Outdoor Disc Slam!2:00 July Birthday Party!3:00 Game: Herd Mentality4:00 Boredom Busters6:00 Wild Wednesdays7:00 Let's Talk Sports (RL)	10:00 Chair Yoga3110:30 Morning Meditation10:45 Trivia: Mount Fuji Day1:00 Outing: Blue Chip Casino1:30 Movie: Wicked4:00 Boredom Busters6:00 Faith Based TV Show7:00 Let's Play: Scrabble!	Every day at 4 pm, we offer Boredom Busters. These are printouts of crosswords, sudoku, and more for our residents to enjoy.	Please note: Activities Are Subject To Change Without Notice.

## Range of Motion = ASSISTED LIVING

