


<div> <div>July 2025</div> <div> <div>LOCATIONS</div> <div> Loft = L Cafe = C </div> </div> <div> <div>Front Lobby = FL Resident Led = RL</div> <div>Range of Motion = ROM</div> </div> <div> <div>ASSISTED LIVING</div> <div>  </div> </div> </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>July Birthdays</b> <b>Dorothy S. - 8th</b> <b>Laura M. - 10th</b> <b>Marj N. - 10th</b> <b>John S. - 17th</b> <b>Theresa D. - 19th</b> <b>Elaine N. -31st</b>	<b>Every Thursday Caleb the Comfort Dog does room visits.</b>	<b>10:00</b> Exercise with EmpowerMe <b>10:30</b> Devotional Reading <b>10:45</b> Celebrate International Joke Day <b>1:30</b> Nickel BINGO <b>2:30</b> Travelogue: North Island, New Zealand	<b>10:00</b> ROM Exercise <b>10:30 First Outing: Walmart</b> <b>1:00 Second Outing: Walmart</b> <b>4:00</b> Boredom Busters <b>6:00</b> Wild Wednesdays <b>7:00</b> Let's Talk Sports (RL)	<b>10:00</b> Chair Yoga <b>10:30</b> Morning Meditation <b>10:45</b> Painting Fireworks <b>1:30</b> Simple Snacks <b>3:00</b> 4th of July Social <b>4:00</b> Boredom Busters <b>6:00</b> Faith Based TV Show	<b>11:00</b> Red, White, and Blue Trivia <b>1:30</b> Prize BINGO <b>3:00</b> Fudgesicles on the Front Porch <b>4:00</b> Boredom Busters <b>7:00</b> Macy's 4th of July Fireworks	<b>10:30</b> Live Led Exercises <b>11:00</b> July Jeopardy Trivia <b>1:00</b> Game: Resident's Choice <b>2:30</b> Resident Led Card Games <b>3:00</b> Afternoon Stroll 'n Roll
<b>10:00 St. Paul's Catholic Service</b> <b>11:00</b> Stronger Seniors: Stretching <b>1:00</b> Fireside Reflections <b>2:00 Emmanuel Baptist Church Service</b> <b>3:00</b> Puzzle Hour (RL)	<b>10:00</b> Get Fit, Stay Happy! <b>10:30</b> Words to Live By <b>10:45</b> Dice Games <b>1:30</b> Monday Manicures <b>3:00</b> What's Your Verdict? <b>4:00</b> Boredom Busters <b>6:00</b> Musical Mondays	<b>10:00</b> Exercise with EmpowerMe <b>10:30</b> Devotional Reading <b>10:45 Craft with Emma from VNA</b> <b>1:30</b> Prize BINGO <b>3:00</b> Walking Club (RL) <b>4:00</b> Boredom Busters	<b>10:00</b> ROM Exercise <b>10:30 Hymn Singing with Emmanuel Baptist</b> <b>11:00</b> Remembering the Moon Landing <b>1:00 Outing: Albanese</b> <b>3:00</b> Adventure Board Game	<b>10:00</b> Chair Yoga <b>10:30</b> Morning Meditation <b>10:45</b> Back and Forth Art <b>1:30</b> Cooking Group <b>3:00</b> Thirsty Thursday Social <b>4:00</b> Boredom Busters <b>6:00</b> Faith Based TV Show	<b>10:00</b> Full Body Exercise <b>10:30</b> Positive Thoughts <b>1:00</b> Ice Cream Sundae Social <b>1:00 Outing: Lutheran Summer Music Recital at Valparaiso University</b>	<b>10:30</b> Live Led Exercises <b>11:00 Fairhaven Baptist Church Bible Study</b> <b>12:30</b> Ukulele with Heather <b>1:00</b> Game: Tenzi Dice
<b>10:00 St. Paul's Catholic Service</b> <b>11:00</b> Sit & Be Fit Video Exercise <b>1:00</b> Fireside Reflections <b>1:30</b> Movie: National Treasure <b>3:00</b> Board Games (RL)	<b>10:00</b> Get Fit, Stay Happy! <b>10:30</b> Words to Live By <b>10:45</b> Craft: Pit Stop Door Decor <b>1:30</b> Monday Manicures <b>3:00</b> Horse Race Board Game	<b>10:00</b> Exercise with EmpowerMe <b>10:30</b> Devotional Reading <b>10:30</b> Nickel BINGO <b>2:00 Live Music with JT!</b> <b>3:00</b> Walking Club (RL) <b>4:00</b> Boredom Busters <b>6:00</b> Faith Based TV Show	<b>10:00</b> ROM Exercise <b>10:30</b> Daily Devotional <b>11:00 Outing: Pesto's</b> <b>2:00</b> July Modern Jeopardy Trivia <b>3:00</b> Enjoy Iced Tea Outside! <b>4:00</b> Boredom Busters	<b>10:00</b> Chair Yoga <b>10:30</b> Morning Meditation <b>11:00</b> Cranium Crunches <b>1:30</b> Simple Snacks <b>3:00</b> New Resident Social <b>4:00</b> Boredom Busters <b>6:00</b> Faith Based TV Show <b>7:00</b> Let's Play: Rummikub	<b>10:00</b> Full Body Exercise <b>10:30</b> Positive Thoughts <b>11:00</b> Baby Pool Wading <b>1:30</b> The Singalong Group <b>2:00</b> Prize BINGO <b>3:00</b> Resident Council Meeting	<b>10:30</b> Live Led Exercises <b>11:00</b> July Random Trivia <b>1:00</b> Game: Resident's Choice <b>2:30</b> Resident Led Card Games
<b>10:00 St. Paul's Catholic Service</b> <b>11:00</b> Stronger Seniors: Stretching <b>1:00</b> Fireside Reflections <b>1:30</b> The Pursuit of Happyness <b>3:00</b> Puzzle Hour (RL)	<b>10:00</b> Get Fit, Stay Happy! <b>10:30</b> Words to Live By <b>10:45</b> Watercoloring <b>1:30</b> Monday Manicures <b>3:00</b> Game: Trivial Pursuit <b>4:00</b> Boredom Busters <b>6:00</b> Musical Mondays	<b>8:30 Outing: Chick-Fil-A Bingo</b> <b>10:00</b> Exercise with EmpowerMe <b>10:30</b> Devotional Reading <b>11:00</b> Dog Days Guessing Game <b>1:30</b> Nickel BINGO	<b>10:00</b> ROM Exercise <b>10:30 Hymn Singing with Emmanuel Baptist</b> <b>11:00 Outing: Picnic at Dunes Pavilion</b> <b>1:30</b> Game: Finish the Song Lyric <b>2:30</b> New Zealand Trivia	<b>10:00</b> Chair Yoga <b>10:30</b> Morning Meditation <b>10:45</b> Game: Monopoly Junior <b>1:30</b> Cooking Group <b>3:00</b> Thirsty Thursday Social <b>4:00</b> Boredom Busters	<b>10:00</b> Full Body Exercise <b>10:30</b> Positive Thoughts <b>10:45</b> Making Encouraging Cards for Kids <b>1:30</b> Prize BINGO <b>2:30</b> Funny Animal Videos	<b>10:30</b> Live Led Exercises <b>11:00 Fairhaven Baptist Church Bible Study</b> <b>12:30</b> Ukulele with Heather <b>1:00</b> Cards: Resident Choice
<b>10:00 St. Paul's Catholic Service</b> <b>11:00</b> Sit & Be Fit Video Exercise <b>1:00</b> Fireside Reflections <b>1:30</b> Movie: Eat, Pray, Love <b>3:00</b> Board Games (RL) <b>4:00</b> Boredom Busters	<b>10:00</b> Get Fit, Stay Happy! <b>10:30</b> Words to Live By <b>10:45</b> Iced Coffee Bar <b>1:30</b> Monday Manicures <b>3:00</b> Game: Who, What, Where <b>4:00</b> Boredom Busters	<b>10:00</b> Exercise with EmpowerMe <b>10:30</b> Devotional Reading <b>10:45</b> A Left-Right Game Christmas in July <b>1:30</b> Nickel BINGO <b>2:30</b> Video: Dirty Jobs <b>4:00</b> Boredom Busters	<b>10:00</b> ROM Exercise <b>10:00 St. Paul's Catholic Mass &amp; Communion</b> <b>10:30</b> Daily Devotional <b>10:45</b> Outdoor Disc Slam! <b>2:00 July Birthday Party!</b> <b>3:00</b> Game: Herd Mentality <b>4:00</b> Boredom Busters	<b>10:00</b> Chair Yoga <b>10:30</b> Morning Meditation <b>10:45</b> Trivia: Mount Fuji Day <b>1:00</b> Outing: Blue Chip Casino <b>1:30</b> Movie: Wicked <b>4:00</b> Boredom Busters	<b>Every day at 4 pm, we offer Boredom Busters. These are printouts of crosswords, sudoku, and more for our residents to enjoy.</b>	<b>Please note: Activities Are Subject To Change Without Notice.</b>