


July 2025							MEMORY CARE				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday					
Daily Refreshments are offered at 10:30 am, 2:30 pm, and 6:30 pm.	July Birthdays Gloria B. - 16th Larry O. - 25th	9:30 Daily Chronicles 10:00 Senior Sweat Squad 11:00 Share a Favorite Memory 1:30 Let's Play: Bean Bag Toss 2:00 Art: Summer Bouquet 3:00 Short Stories with Kathryn 3:30 Room Visits 6:00 EZ Card Games	9:30 Daily Chronicles 10:00 Chair Dancing 11:00 Puzzles and Pondering 1:30 Pool Noodle Exercise 2:00 Cooking Demo with Kathryn 3:00 Gardening Club 3:30 Room Visits 6:00 Evening Meditation	9:30 Daily Chronicles 10:00 Chair Yoga 11:00 Which Picture Fits? 1:30 Let's Move: Bowling 2:00 4th of July Social 3:00 Music Makers 3:30 Room Visits 6:00 Relax with Tea & Music	9:30 Daily Chronicles 10:00 Moving to Music Exercise 11:00 Red, White, or Blue Trivia 2:00 Speed BINGO 3:00 Fireworks Around the World 6:00 Dusk & Devotion	9:30 Daily Chronicles 10:00 Seated Core Workout 11:00 Group Crosswords 1:30 Afternoon Stroll 'n Roll 2:00 History of American Muscle Cars 3:00 What's That? (Technology) 6:00 Hand Massages					
9:45 Calvary Christian Church (TV) 10:00 St. Paul's Catholic Service 11:00 Card Sharks 1:30 Sit & Be Fit (Video Exercise) 2:00 Singalong Sundays 3:00 MC Puzzlers 6:00 Serenity & Senses	9:30 Daily Chronicles 10:00 Full Body Exercise 11:00 Technivity - Tablet Games 1:30 Monday Manicures 3:00 Lucky 7 Day 3:30 Room Visits 6:00 Slow TV	9:30 Daily Chronicles 10:00 Senior Sweat Squad 11:00 Arts & Crafts with Dunes Hospice 1:30 Let's Play: Table Hockey 3:00 Audio Book: The Knitting Tree 3:30 Room Visits 6:00 EZ Card Games	9:30 Daily Chronicles 10:00 Chair Dancing 11:00 Cranium Crunches 1:30 Outdoor Patio Games 2:00 Simple Snacks - Kiwi Parfait 3:00 Game: My 2 Cents 3:30 Room Visits 6:00 Blissful Being Meditation	9:30 Daily Chronicles 10:00 Chair Yoga 11:00 Brain Games: Compound Words 1:30 Balloon Games 2:00 Sing-a-long with Guitar Rex 3:00 Game: Old Maid & More 3:30 Room Visits 6:00 Relax with Tea & Music	9:30 Daily Chronicles 10:00 Moving to Music Exercise 11:00 Finish the Song Lyric 1:30 Easy Stretches 2:00 July Stitch Up 3:00 The Silver Screen Society 3:30 Room Visits 6:00 Dusk & Devotion	9:30 Daily Chronicles 10:00 Seated Core Workout 11:00 Find It! Detective Puzzles 1:30 Let's Hike: Moraine Lake 2:00 What's Your Verdict? 3:00 Cute & Funny Animal Videos 6:00 Hand Massages					
9:45 Calvary Christian Church (TV) 10:00 St. Paul's Catholic Service 11:00 Card Sharks 1:30 Sit & Be Fit (Video Exercise) 2:00 Singalong Sundays 3:00 MC Puzzlers 6:00 Serenity & Senses	9:30 Daily Chronicles 10:00 Full Body Exercise 11:00 EZ Trivia 11:00 Outing: Drive Around Town 1:30 Monday Manicures 3:00 What's Happening in Sports? 3:30 Room Visits 6:00 Slow TV	9:30 Daily Chronicles 10:00 Senior Sweat Squad 11:00 Putting it in Order 1:30 Let's Play: Skee-ball 2:00 Open Art 3:00 Live Music with JT! 3:30 Room Visits 6:00 EZ Card Games	9:30 Daily Chronicles 10:00 Watermelon Suncatchers with Jen Bailey 11:00 Summer Poems 1:30 Let's Move: Horseshoes 2:00 Simple Snacks - PB Chocolate Cookies 3:00 Men's Group 3:30 Room Visits 6:00 Blissful Being Meditation	9:30 Daily Chronicles 10:00 Chair Yoga 11:00 Find It: Detective Puzzles 1:30 Table Tennis 2:00 Happy Hour Social 3:00 Music Makers 3:30 Room Visits 6:00 Relax with Tea & Music	9:30 Daily Chronicles 10:00 Moving to Music Exercise 11:00 Travel Brief: New Zealand 1:30 Easy Stretches 2:00 Speed BINGO 3:00 The Silver Screen Society 3:30 Room Visits	9:30 Daily Chronicles 10:00 Seated Core Workout 11:00 Group Crosswords 1:30 Afternoon Stroll 'n Roll 2:00 Game: Higher or Lower 3:00 Tabletop Games 6:00 Hand Massages					
9:45 Calvary Christian Church (TV) 10:00 St. Paul's Catholic Service 11:00 Card Sharks 1:30 Sit & Be Fit (Video Exercise) 2:00 Singalong Sundays 3:00 MC Puzzlers 6:00 Serenity & Senses	9:30 Daily Chronicles 10:00 Full Body Exercise 11:00 Name that Tune! 1:30 Monday Manicures 3:00 Black & White Day 3:30 Room Visits 6:00 Slow TV	9:30 Daily Chronicles 10:00 Senior Sweat Squad 11:00 True or False? 1:30 Let's Play: Floor Darts 2:00 Women's Group 3:00 Audio Book: The Grayling Homestead 3:30 Room Visits 6:00 EZ Card Games	9:30 Daily Chronicles 10:00 Chair Dancing 11:00 Reminisce: Moon Landing 1:30 Let's Move: Table Golf 2:00 Simple Snacks - Blueberry Muffins 3:00 Soak Up the Sun! 3:30 Room Visits 6:00 Blissful Being Meditation	9:30 Daily Chronicles 10:00 Chair Yoga 11:00 What's in the Bag? 1:30 Balloon Games 2:00 Popsicles on the Patio 3:00 Match the Pattern 3:30 Room Visits 6:00 Relax with Tea & Music	9:30 Daily Chronicles 10:00 Moving to Music Exercise 11:00 Stickman Word Games 1:30 Easy Stretches 2:00 Hot Fudge Sundae Day 3:00 Resident & Family Council Mtg 3:30 Room Visits 6:00 Dusk & Devotion	9:30 Daily Chronicles 10:00 Seated Core Workout 11:00 Find the Word 1:30 Let's Hike: Wildflower Trail 2:00 Animal Fun Facts: Geckos 3:00 Game: Go Fish 6:00 Hand Massages					
9:45 Calvary Christian Church (TV) 10:00 St. Paul's Catholic Service 11:00 Card Sharks 1:30 Sit & Be Fit (Video Exercise) 2:00 Singalong Sundays 3:00 MC Puzzlers 6:00 Serenity & Senses	9:30 Daily Chronicles 10:00 Full Body Exercise 11:00 Outing: Rainbow Cone 11:00 The Price is Right! 1:30 Monday Manicures 3:00 Game: Apple to Apples 3:30 Room Visits 6:00 Slow TV	9:30 Daily Chronicles 10:00 Senior Sweat Squad 11:00 What Am I? 1:30 Let's Play: Tower Block Games 2:00 Craft: Decoupage Cards 3:00 Short Stories with Kathryn 3:30 Room Visits 6:00 EZ Card Games	9:30 Daily Chronicles 10:00 Catholic Mass (AL Cafe at 10 am) 11:00 Int'l Friendship Day 1:30 Let's Move: Ring Toss 2:00 Simple Snacks - Soft Pretzels 3:00 Gardening Club 3:30 Room Visits 6:00 Blissful Being Meditation	9:30 Daily Chronicles 10:00 Chair Yoga 11:00 Solve the Riddle! 1:30 Table Hockey 2:00 Happy Hour Social 3:00 Music Makers 3:30 Room Visits 6:00 Relax with Tea & Music		All Activities are Subject to Change.					

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