

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Activities are Subject to Change.	Daily Refreshments are offered at 10:30 am, 2:30 pm, and 6:30 pm.		9:30 Daily Chronicles 1 10:00 Nails with First Light 10:00 Noodles of Fun! 11:00 Puzzles and Pondering 1:30 Chair Dancing 2:00 Kitchen Kreativity 3:00 Harvest Hangout	9:30 Daily Chronicles 2 10:00 Balloon Games 11:00 October Trivia & Fun Facts 1:30 Chair Yoga 2:00 The Knock-Knock Corner 3:00 Retro Refreshers 3:30 Room Visits	Spirit Day - Pink Strong Day 3 9:30 Daily Chronicles 10:30 Whiskey Taylor Therapy Dog 11:00 Outing: Scenic Drive 2:00 Colorful Connections 3:00 Silver Screen Society 3:30 Room Visits	9:30 Daily Chronicles 4 10:00 Joyous Movement 11:00 Group Crosswords 1:30 Let's Hike: Baker River 2:00 Funny Pet Videos 3:00 What's That? (Technology)
9:30 Morning Stroll and Roll 5 9:45 Calvary Christian Church (TV) 10:00 St. Paul's Catholic Service 11:00 Card Sharks 2:00 Singalong Sundays 3:00 MC Puzzlers	9:30 Daily Chronicles 6 10:00 Full Body Exercise 11:00 Would You Rather? 1:30 Monday Manicures 2:00 The Uncle Wiggly Game 3:00 Vintage Autumn Music	9:30 Daily Chronicles 7 11:00 Pumpkin Decorating with VNA 1:30 Let's Play: Bean Bag Toss 2:00 Who Sang It? 3:00 Short Stories with Kathryn 3:30 Room Visits	9:30 Daily Chronicles 8 10:00 Noodles of Fun! 11:00 Cranium Crunches 1:30 Chair Dancing 2:00 Kitchen Kreativity 3:00 Fluffernutter Day! 3:30 Room Visits 6:00 Blissful Meditation	9:30 Daily Chronicles 9 10:00 Stretch & Flex 10:30 Hand Massages with H2H 11:00 Brain Games 1:30 Chair Yoga 2:00 Happy Hour Social 3:00 Music Makers 3:30 Room Visits	Spirit Day - Superhero vs Villian 10 9:30 Daily Chronicles 10:00 Moving to Music Exercise 11:00 Outing: Fall Foliage Drive or TBA 2:00 Speed BINGO 3:30 Room Visits	9:30 Daily Chronicles 11 10:00 Joyous Movement 11:00 Find It! Detective Puzzles 1:30 Afternoon Stroll 'n Roll 2:00 It's Zorro Day!
9:30 Morning Stroll and Roll 12 9:45 Calvary Christian Church (TV) 10:00 St. Paul's Catholic Service 11:00 Card Sharks 2:00 Singalong Sundays	9:30 Daily Chronicles 13 10:00 Full Body Exercise 11:00 EZ Trivia 1:30 Monday Manicures 2:00 Columbus Day Facts 3:00 Classic Movie Monsters 3:30 Room Visits	9:30 Daily Chronicles 14 10:00 Senior Sweat Squad 11:00 Arts & Crafts with Dunes Hospice 1:30 Let's Play: Table Hockey 2:00 "Bobbing" for Apples 3:30 Room Visits	9:30 Daily Chronicles 15 10:00 Noodles of Fun! 11:00 Stickman & Word Games 1:30 Chair Dancing 2:00 Harvest Hangout 3:00 Exploring the Senses: Oranges 3:30 Room Visits	9:30 Daily Chronicles 16 10:00 Balloon Games 11:00 Find It: Hidden Objects 1:30 Chair Yoga 2:00 Singalong with Guitar Rex 3:00 Retro Refreshers	Spirit Day - Monster Mash Day 17 9:30 Daily Chronicles 10:00 Moving to Music Exercise 11:00 Outing: Fall Foliage Drive or TBA 2:00 Colorful Connections 3:30 Room Visits	9:30 Daily Chronicles 18 10:00 Joyous Movement 11:00 Cognitive: Order Up! 2:00 Game: Flickin' Chicken 3:00 Finish the Phrase 6:00 Hand Massages
9:30 Morning Stroll and Roll 19 9:45 Calvary Christian Church (TV) 10:00 St. Paul's Catholic Service 11:00 Card Sharks 2:00 Singalong Sundays 3:00 MC Puzzlers	9:30 Daily Chronicles 20 10:00 Full Body Exercise 11:00 Name that Tune! 1:30 Monday Manicures 2:00 Craft: Paper Pumpkins 3:30 Room Visits 6:00 Slow TV	9:30 Daily Chronicles 21 10:00 Senior Sweat Squad 11:00 Putting it in Order 1:30 Let's Play: Bozo Buckets 2:00 Women's Group 3:00 Live Music with JT! 6:00 EZ Card Games	9:30 Daily Chronicles 22 10:00 Noodles of Fun! 11:00 Remembering Halloween Costumes 1:30 Chair Dancing 2:00 Kitchen Kreativity 3:00 National Color Day 3:30 Room Visits 6:00 Blissful Meditation	9:30 Daily Chronicles 23 10:00 Stretch & Flex 11:00 Double "O" Day 1:30 Chair Yoga 2:00 Happy Hour Social 3:00 Music Makers 3:30 Room Visits 6:00 Relax with Tea & Music	Spirit Day - Pumpkin Party 24 9:30 Daily Chronicles 10:00 Moving to Music Exercise 11:00 Outing: TBA 1:30 Easy Stretches 2:00 Name the Halloween Candy	9:30 Daily Chronicles 25 10:00 Joyous Movement 11:00 Match the Pattern 1:30 Afternoon Stroll 'n Roll 2:00 Animal Fun Facts: Clown Fish 3:00 Cute Baby Videos
9:30 Morning Stroll and Roll 26 9:45 Calvary Christian Church (TV) 10:00 St. Paul's Catholic Service 11:00 Card Sharks 2:00 Singalong Sundays 6:00 Serenity & Senses	9:30 Daily Chronicles 27 10:00 EZ Ghost Toss 11:00 Halloween Finish the Phrase 1:30 Monday Manicures 2:00 Craft: Shadowbox Names 3:00 Pumpkin Match Games	9:30 Daily Chronicles 28 10:00 Senior Sweat Squad 11:00 Halloween "This or That"? 1:30 Visiting with Liz from Dunes 5:00 Family Night - Trick or Treat!	9:30 Daily Chronicles 29 10:00 Catholic Mass (AL Cafe at 10 am) 10:00 Noodles of Fun! 11:00 Halloween Dice Game 1:30 Chair Dancing 2:00 Harvest Hangout 3:00 Favorite Songs	9:30 Daily Chronicles 30 10:00 Balloon Games 11:00 EZ Art: Candy Corn Surprise 1:30 Chair Yoga 2:00 Halloween Riddles 3:00 Retro Refreshers 3:30 Room Visits	Spirit Day - Halloween 31 9:30 Daily Chronicles 10:00 Moving to Music Exercise 11:00 Outing: Fall Foliage Drive or TBA 1:30 Easy Stretches 2:00 Colorful Connections 3:00 Silver Screen Society	