

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October Birthdays: 2nd - Chuck H. 4th - MaryJo B. 4th - Kitty P. 5th- Anne E. 11th - Marilyn M.	16th - Jeri G. 20th - Bernice W. 23rd - Judy K. 24th - Laverne G. 24th - Maxine T. 29th - Barbara D. 30th - Jim C.	Every day at 4 pm, we offer Boredom Busters. These are printouts of crosswords, sudoku, and more for our residents to enjoy.	10:00 ROM Exercise 1 10:30 Outing: Walmart 1:00 Outing: Walmart 4:00 Boredom Busters 6:00 Wild Wednesdays 7:00 Let's Talk Sports (RL)	10:00 Chair Yoga 2 10:30 Morning Meditation 10:45 Game: Taboo 1:30 Cooking Group 3:00 Thirsty Thursday Social 4:00 Boredom Busters 6:00 Faith Based TV Show	10:00 Full Body Exercise 3 10:30 Positive Thoughts 10:45 Craft: Scarecrow Pick Decor 1:30 Prize BINGO 2:30 Video: Crikey! It's The Irwins 4:00 Boredom Busters	10:30 Live Led Exercises 4 11:00 Learn about Japanese Culture with Hannah 1:30 Game: Po-Ke-No 2:30 Resident Led Card Games
10:00 St. Paul's Catholic Service 5 11:00 Sit & Be Fit Video Exercise 1:00 Fireside Reflections 2:00 Emmanuel Baptist Church Service 3:00 Board Games (RL)	10:00 Get Fit, Stay Happy! 6 10:30 Words to Live By 10:45 Dice Games 1:30 Monday Manicures 3:00 Game: Who, What, Where 4:00 Boredom Busters	10:00 Exercise with EmpowerMe 7 10:30 Devotional Reading 10:45 Game: Apple Grapple 1:30 Nickel BINGO 2:30 Pumpkin Patch Party with VNA Hospice	10:00 ROM Exercise 8 10:30 Hymn Singing with Emmanuel Baptist 10:45 The Write Word Game 1:00 Outing: Goodwill 3:00 Sharing Marriage Advice with Hannah	10:00 Chair Yoga 9 10:30 Morning Meditation 10:45 Cranium Crunches 1:30 Simple Snacks 3:00 Thirsty Thursday Social 4:00 Boredom Busters 6:00 Faith Based TV Show	10:00 Full Body Exercise 10 10:30 Positive Thoughts 10:45 Game: Three- Piece Suit 1:30 Prize BINGO 2:30 YouTube Video: Resident's Choice	10:30 Live Led Exercises 11 11:00 Fairhaven Baptist Church Bible Study 11:00 Game: Trivial Pursuit 1:30 Game: Resident's Choice
10:00 St. Paul's Catholic Service 12 11:00 Stronger Seniors: Stretching 1:00 Fireside Reflections 1:30 Movie: Hocus Pocus 3:00 Puzzle Hour (RL) 4:00 Boredom Busters	10:00 Get Fit, Stay Happy! 13 10:30 Words to Live By 10:45 Games on the Wii 1:30 Monday Manicures 3:00 Game: Monopoly Junior 4:00 Boredom Busters	10:00 Exercise with EmpowerMe 14 10:30 Devotional Reading 10:45 Learn: ASMR 1:30 Prize BINGO with Dunes Hospice 3:00 Walking Club (RL) 4:00 Boredom Busters	10:00 ROM Exercise 15 10:30 Daily Devotional 10:45 Craft: Water Coloring 1:00 Outing: Stracks 3:00 Game: Ruthless Rhymes 4:00 Boredom Busters	10:00 Chair Yoga 16 10:30 Morning Meditation 11:30 Outing: County Line Orchard 1:30 Movie: The Mummy 3:30 Game: Self Love 4:00 Boredom Busters 6:00 Faith Based TV Show	10:00 Exercise 17 10:30 Positive Thoughts 11:00 Cards: Resident Choice 1:30 The Singalong Group 2:00 Nickel BINGO 3:00 Sharing Photos of Hannah's Wedding	10:30 Live Led Exercises 18 11:00 Game: Would You Rather? Autumn Edition 1:30 October Jeopardy Trivia 2:30 Resident Led Card Games
10:00 St. Paul's Catholic Service 19 11:00 Sit & Be Fit Video Exercise 1:00 Fireside Reflections 1:30 Movie: The Haunted Mansion 3:00 Board Games (RL)	10:00 Get Fit, Stay Happy! 20 10:30 Words to Live By 10:45 Craft: Painting Wooden Fall Decor 1:30 Monday Manicures 3:00 Bring Your Own Book Club	10:00 Exercise with EmpowerMe 21 10:30 Nickel BINGO 2:00 Live Music with JT! 3:00 Drinks with Debby 4:00 Boredom Busters 6:00 Faith Based TV Show	10:00 ROM Exercise 22 10:30 Hymn Singing with Emmanuel Baptist 11:00 Game: Herd Mentality 1:00 Outing: The Closet Exchange 3:00 Toilet Paper Relay	10:00 Chair Yoga 23 10:30 Morning Meditation 10:45 Tarot Card Reading with Heather 1:30 Simple Snacks 3:00 New Resident Social 4:00 Boredom Busters 6:00 Faith Based TV Show	10:00 Full Body Exercise 24 10:30 Positive Thoughts 10:45 Iced Coffee Bar in the Courtyard 1:30 Prize BINGO 2:30 Resident Council Meeting	10:30 Live Led Exercises 25 11:00 Fairhaven Baptist Church Bible Study 11:00 Game: Uno 1:30 Learn: Origins of Halloween
10:00 St. Paul's Catholic Service 26 11:00 Stronger Seniors: Stretching 1:00 Fireside Reflections 1:30 Movie: Beetlejuice Beetlejuice 3:00 Puzzle Hour (RL)	10:00 Get Fit, Stay Happy! 27 10:30 Words to Live By 10:45 Game: Blackjack/Poker 1:30 Monday Manicures 3:00 Craft: Bejewel It! 4:00 Boredom Busters	10:00 Exercise with EmpowerMe 28 10:30 Devotional Reading 10:45 Storytelling: Spooky Stories 1:30 Nickel BINGO 2:30 Pumpkin Tic-Tac-Toe 5:00 Family Trick or Treat!	10:00 ROM Exercise 29 10:00 St. Paul's Catholic Mass & Communion 10:45 What's Your Verdict 11:30 Outing: Culver's 1:30 Game: Mystery Box 2:30 October Birthday Party	10:00 Chair Yoga 30 10:30 Morning Meditation 10:45 Game: Clue 1:30 Cooking Group 3:00 Thirsty Thursday Social 4:00 Boredom Busters	10:00 Full Body Exercise 31 10:30 Positive Thoughts 10:45 Remembering Halloween Costumes 1:30 Prize BINGO with HealthLinc 2:30 Poke a Pumpkin	Please note: Activities Are Subject To Change Without Notice.