



1300 Vale Park Rd
Valparaiso, IN 46383
219-531-2484

www.avivavalparaiso.com

A.L. Family Newsletter

February 2026

What's Happening in February?

**Letter from Hannah -
Lifestyle Enrichment
Director**

**Special Outings
& Events**

Resident Birthdays

**Resident & Employee
Spotlight**

Associate Spotlight

**“In February, nature reminds us that even in the coldest moments, beauty can still flourish.”
- Gabriela Alemán**

The weather has been very cold in January and I hope everyone is staying warm. Due to the extreme cold weather last month, JCPenney outing was cancelled. We hope to do more outings as the weather gets warmer.

In February, we will be having a Super Bowl social with all of the Super Bowl snack favorites. We will also be having a Valentine's Day social. We started a men's group last month and it has been going very well. Aviva Valparaiso is partnering with VNA hospice to do a men's group beer tasting in February. For Fat Tuesday on the 17th, we will be doing a paczki tasting.

I hope everyone has a safe and warm February!

- Hannah, Lifestyle Enrichment Director

UPCOMING OUTINGS & SPECIAL EVENTS

**February 5th - Super Bowl
Social**

**February 10th - Live Music with
JT!**

**February 12th - Valentine's Day
Social**

February 17th - Paczki Tasting

**February 18th - Schoop's
Hamburgers**

Did you know?

**Jewelry is the
Valentine's gift
that most people
spend the most
on, over 5 billion.**



February Birthdays

14th - Gary O.
15th - Betty W.
21st - Tom M.
23rd - Jerry M.

February Jokes

Do you have a date for Valentine's Day?
- Of course! February 14th!

What is a frog's favorite month?
- February. It has a Leap Year.

What do you call a romance that starts at the aquarium?
- Guppy love.

RESIDENT SPOTLIGHT



Mary Anagnos

Mary is always the life of the party! She loves dancing and playing poker! Mary was born on a small Greek island named Chios. She was adopted at six years old and raised in Gary, IN.

She was a high school teacher for 20 years teaching English and Spanish. Mary speaks three languages fluently! She speaks English, Spanish, and Greek. Mary also managed a casino for ten years in Palm Springs, California. Ask Mary to dance with you or her experience about working at a casino!

EMPLOYEE SPOTLIGHT

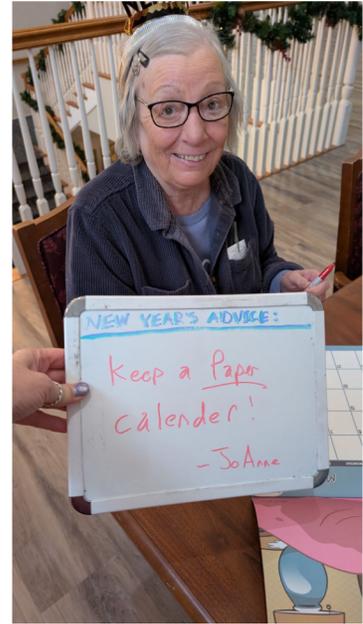
Candy has been a CNA at Aviva for two years! She was born in Michigan City, IN and raised in this area. She loves doing crafts, baking and singing karaoke! Candy has participated in singing karaoke with our residents. She also loves playing faith based shows and movies for residents! She likes spending time with her grandkids and going to church. Candy's favorite part of her job is helping people. Thank you Candy for everything that you do! We appreciate your dedication to our residents.



Candy Taylor

CNA

HIGHLIGHTS FROM JANUARY



New Year's Advice!



Happy New Year!

Flannel Day!